

# Yoga, the core of Vivekananda Kendra

The vision of Swamiji was to rebuild Mother Bharat in tune with her personality enshrined in yoga and spiritual lore. The genius of Eknathji Ranade located the holistic concept of yoga, another name for spirituality in the words of Swami Vivekananda 'Each Soul is potentially Divine,' and adopted it as the basis of Vivekananda Kendra(VK). He could see the vision of Sri Aurobindo enunciating Integral yoga as a furthering depth of Swamiji's thoughts on yoga. Eknathji trained in the organizational skills and powered by a patriotic favor with the holistic vision of Hindu nation enunciated a century ago by Swami Vivekananda, in tune with the emerging trends of popularity of yoga gave a direction to the Kendra in his first pamphlet 'Yoga, the core of Vivekananda Kendra'.



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## Ideology :

- ° To integrate the individual with society
- ° To channelise the energy of organised collective life for productive Nation building work.

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## Vision :

- ° If a whose people in same corner of the globe successfully evolve a satisfactory social order that can provide abundant opportunities to each of the constituents to meet the basic needs of the

body-mind complex and allow him to fulfill the inner aspiration, it would be the supreme act of service. : -**Ma. Eknathji Ranade**

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